

**Ma So So Josephine (馬嫻儀)**  
**Solicitor Mediator**

“Mediation is a lifestyle” – the life motto of Josephine Ma.

Ms. Ma has practiced law in Hong Kong since 1995. She is the Vice Chairperson of the Hong Kong Mediation Council (HKMC) and the Chairperson of the Family Mediation Division of HKMC. She became an Accredited General Mediator and Family Mediator in 2004, later advancing to Family Mediation Supervisor. In December 2024, she was appointed to the Guangdong-Hong Kong-Macao Greater Bay Area Mediator Panel.

**General and Commercial Mediation Practice**

With over two decades of mediation experience, Ms. Ma has extensive expertise across general and commercial disputes, and has successfully facilitated the settlement of numerous civil, commercial, and cross-border matters. Since 2024, she has maintained a strong cross-border mediation practice, with particular focus on commercial and financial disputes involving Hong Kong and Mainland parties. Since 2023, she has also been appointed from time to time as a judicial officer/Temporary Deputy Registrar, presiding over Case Settlement Conferences in the District Court of Hong Kong to facilitate the resolution of civil litigation. Since 2010, she has served as an assessor for the accreditation of General Mediators, reflecting the high professional standards she upholds.

**Family Mediation and Family Business Disputes Resolution Practice**

Ms. Ma’s expertise extends beyond general and commercial matters to the effective resolution of divorce, family business, and inheritance disputes.

Ms. Ma integrates advanced mediation approaches into her family practice, with particular focus on family business, inheritance, and divorce disputes involving complex relational and emotional dynamics. Combining legal acumen with a nuanced understanding of family systems, she facilitates practical, durable settlements. She has successfully mediated numerous complex family cases, achieving out-of-court resolutions that reduce litigation costs and emotional strain.

**Mediation Techniques**

Ms. Ma holds master's degrees in Hong Kong and China Comparative Law, Buddhism, and Family Counseling and Education. This diverse and interdisciplinary educational background enriches her worldview, enabling her to gain deeper insights and provide effective assistance during the mediation process. Continuously striving for excellence, she has actively introduced various mediation methods from around the globe in recent years. She is adept in employing a range of mediation strategies, including Facilitative Mediation, Transformative Mediation, Evaluative Mediation, Narrative Approaches, and High Conflict Mediation Approaches. By applying innovative and flexible methods, philosophical wisdom, and

coaching techniques, she crafts unique mediation models tailored to each case, helping all parties navigate complex disputes towards harmony and resolution.

### **Mediation Education**

In addition to her practice, Ms. Ma is a respected mediation trainer who has taught more than a thousand professionals in mediation and negotiation across Hong Kong, Macau, and mainland China. She also serves as a trainer for Mediation Accreditation Training Courses.

Most recently, she has extended her commitment to cultivating peacemakers by serving as a professor at the Hong Kong University of Science and Technology, where she teaches a course related to preserving harmony in family businesses.

As part of her community work, Ms. Ma has devoted over a decade to peer mediation education—beginning with primary school students and later teaching and developing curricula for secondary schools. She remains dedicated to sharing her knowledge and passion for mediation, contributing to a more peaceful society.

「調解是一種生活態度」——這是馬嫻儀律師的格言。

馬嫻儀律師自 1995 年起成為香港執業律師。她是現任香港調解會（HKMC）副主席及香港調解會家事調解部門主席。她於 2004 年取得綜合調解員及家事調解員資歷雙重認證，後晉升為家事調解監督。在 2024 年 12 月，她獲委任並列入粵港澳大灣區調解員名冊。

### **綜合及商業調解實務**

憑藉超過二十年的調解經驗，馬律師在綜合及商業糾紛領域擁有豐富的專業知識，並成功促成了無數民事、商業及跨境事務的和解。自 2024 年起，她一直保持著強大的跨境調解實務，專注於涉及香港與內地當事人的商業及金融糾紛。自 2023 年起，她亦於不同時期獲委任為暫委副司法常務官（聆案官），主持香港區域法院的案件和解會議，以協助解決民事訴訟。自 2010 年起，她一直擔任綜合事務調解員資歷認證的評核員，彰顯了她所堅持的高水平專業標準。

### **家事調解及家族企業糾紛解決實務**

馬律師的專業領域不僅涵蓋綜合及商業事務，更延伸至有效解決離婚、家族企業及遺產糾紛。

馬律師將先進的調解方法融入其家事實務中，特別專注於涉及複雜關係與情感動態的家族企業、遺產及離婚糾紛。她將敏銳的法律觸覺與對家庭系統的細微理解相結合，促成切實可行且持久的和解方案。她已成功調解了無數複雜的家事案件，實現庭外和解，從而降低了訴訟成本及情感壓力。

### **調解技巧**

馬律師擁有中國香港比較法、佛學，以及家庭輔導及家庭教育三個不同領域的碩士學位。這種多元而跨領域的教育背景，豐富了她的世界觀，使她在調解過程中能夠獲得更深刻的洞察力，並有效協助當事人。她與時並進，精益求精，近年積極從世界各地引進不同的調解方法。她擅長運用多種調解策略，包括促進式調解（Facilitative Mediation）、轉化式調解（Transformative Mediation）、評估式調解（Evaluative Mediation）、敘事式調解（Narrative Approaches）及高衝突調解（High Conflict Mediation Approaches）。透過運用創新且靈活的方法、哲理智慧及輔導教育技巧，她為每個個案度身訂造獨特的調解模式，協助各方在複雜的爭議中走向和諧與解決方案。

### **調解教育**

除了調解實務外，馬律師亦是一位備受尊敬的調解培訓導師，為香港、澳門及中國內地超過千名專業人士提供調解及談判技巧培訓。她同時也是調解認證培訓課程的導師。

最近，她更將致力於培養和平締造者的承諾延伸至學術界，擔任香港科技大學的教授，教授與維護家族企業和諧相關的課程。

作為社區工作的一部分，馬律師投入朋輩調解教育已超過十年——從最初教授小學生，到後來為中學授課及撰寫調解課程教案。她始終致力於分享她的調解知識與熱忱，為社會帶來更多和諧與平安。

「调解是一种生活态度」——这是马嫻嫻律师的格言。

马嫻嫻律师自 1995 年起成为香港执业律师。她是现任香港调解会（HKMC）副主席及香港调解会家事调解部门主席。她于 2004 年取得综合调解员及家事调解员资历双重认证，后晋升为家事调解监督。在 2024 年 12 月，她获委任并列入粤港澳大湾区调解员名册。

### **综合及商业调解实务**

凭借超过二十年的调解经验，马律师在综合及商业纠纷领域拥有丰富的专业知识，并成功促成了无数民事、商业及跨境事务的和解。自 2024 年起，她一直保持着强大的跨境调解实务，专注于涉及香港与内地当事人的商业及金融纠纷。自 2023 年起，她亦于不同时期获委任为司法官/暂委副司法常务官（聆案官），主持香港区域法院的案件和解会议，以协助解决民事诉讼。自 2010 年起，她一直担任综合事务调解员资历认证的评核员，彰显了她所坚持的高水平专业标准。

### **家事调解及家族企业纠纷解决实务**

马律师的专业领域不仅涵盖综合及商业事务，更延伸至有效解决离婚、家族企业及遗产纠纷。

马律师将先进的调解方法融入其家事实务中，特别专注于涉及复杂关系与情感动态的家族企业、遗产及离婚纠纷。她将敏锐的法律触觉与对家庭系统的细微理解相结合，促成切实可行且持久的和解方案。她已成功调解了无数复杂的家事案件，实现庭外和解，从而降低了诉讼成本及情感压力。

### **调解技巧**

马律师拥有中国香港比较法、佛学，以及家庭辅导及家庭教育三个不同领域的硕士学位。这种多元而跨领域的教育背景，丰富了她的世界观，使她在调解过程中能够获得更深刻的洞察力，并有效协助当事人。她与时俱进，精益求精，近年积极从世界各地引进不同的调解方法。她擅长运用多种调解策略，包括促进式调解（Facilitative Mediation）、转化式调解（Transformative Mediation）、评估式调解（Evaluative Mediation）、叙事式调解（Narrative Approaches）及高冲突调解（High Conflict Mediation Approaches）。透过运用创新且灵活的方法、哲理智慧及辅导教育技巧，她为每个个案度身订造独特的调解模式，协助各方在复杂的争议中走向和谐与解决方案。

### **调解教育**

除了调解实务外，马律师亦是一位备受尊敬的调解培训导师，为香港、澳门及中国内地超过千名专业人士提供调解及谈判技巧培训。她同时也是调解认证培训课程的导师。

最近，她更将致力于培养和平缔造者的承诺延伸至学术界，担任香港科技大学的教授，教授与维护家族企业和谐相关的课程。

作为社区工作的一部分，马律师投入朋辈调解教育已超过十年——从最初教授小学生，到后来为中学授课及撰写调解课程教案。她始终致力于分享她的调解知识与热忱，为社会带来更多和谐与平安。



**MA SO SO JOSEPHINE 馬嫻儀**  
**Solicitor, HKSAR**  
**Accredited General Mediator**  
**Accredited Family Mediation Supervisor**  
**Accredited Guangdong-Hong Kong-Macao Greater Bay Area Mediator**  
**Certified Parenting Coordinator**  
**Mediation Trainer**  
**Family Therapist**

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#### Mediation Accreditation

Guangdong-Hong Kong-Macao Greater Bay Area Legal Departments Joint Conference,  
2024  
Hong Kong Mediation Accreditation Association Limited (“HKMAAL”), 2013  
Hong Kong International Arbitration Centre (“HKIAC”), 2004  
The Law Society of Hong Kong (“HKLS”), 2009  
Hong Kong Financial Dispute Resolution Centre Panel of Accredited Mediators, 2014  
Hong Kong Mediation Centre, 2020

#### Mediation Experience

- Judicial Officer/Temporary Deputy Registrar presiding over **Case Settlement Conferences** in the District Court in various periods since 2023
- Hundreds of cases in family mediation, and separation and divorce conflict resolution since 2004, including divorce decision, children issues, maintenance, assets, finances, relocation and other related matters
- Family Business Disputes
- Hundreds of cases in other kinds of disputes, e.g. commercial, contract, land, companies, partnerships, directors, trusts, probate, professional negligence, personal injury, employment, and other disputes since 2004

- Cross-border commercial disputes for Shenzhen Qianhai Cooperation Zone People’s Court since 2024
- Proficient in utilizing various mediation approaches and strategies to resolve different types of disputes, including the Facilitative, Evaluative, Transformative, Therapeutic, High-Conflict and Narrative approaches
- Extensive experience in family mediation supervision

Other Teaching Experience related to Mediation

- Professor/Visiting Scholar teaching “**Managing of Generational Dynamics in Family Business**” in the MSc in Family Office and Family Business program at the **Hong Kong University of Science and Technology** (2025)
- Trainer in General Mediation Accreditation Trainings organised by the Hong Kong Mediation Council ( HKMAAL Mediator Accreditation Standard ) - the mandatory training for mediator accreditation in Hong Kong
- Over 15 years of experience as Assessor for Hong Kong Mediation Accreditation Association Limited (since 2013), Hong Kong International Arbitration Centre Stage 2 Assessment for Accreditation of General Mediators (2010 – 2013) and Hong Kong Law Society Stage 2 Assessment for Accreditation of General Mediators (2010 – 2013)
- Trainer in Family Mediation Accreditation Training
- Trainer in Peer Mediation Trainings: Hong Kong Secondary School Peer Mediation Competition, and Primary School Peer Mediation Training
- Trainer in mediation and negotiation trainings for lawyers, mediators and other professionals since 2011
- Coach in mediation trainings since 2006
- Certified FOCCUS Marriage Preparation Facilitator
- Trainer for Catholic Marriage Preparation Courses for CMAC

Responsibilities relevant to Mediation

- Vice Chairperson and Director of the Hong Kong Mediation Council of HKIAC
- Chairperson of Family Mediation Division of the Hong Kong Mediation Council of HKIAC
- Member of Commercial Mediation Division of the Hong Kong Mediation Council of HKIAC
- Member of Marriage Mediation and Counselling Service Sub-Committee of CMAC since 2004
- Director and Executive Committee Member of the Hong Kong Catholic Marriage Advisory Council (“CMAC”)

Education

Mediation Training:

- **Harvard University** - PON- Advanced Mediation Training – 2018
- Hong Kong University SPACE - Postgraduate Diploma in Family Mediation - 2004

Other Education related to Mediation:

- Asian Academy of Family Therapy (HK) – Advanced Certificate Course in Family Therapy (2022 to present)

- **Dulwich Centre, Australia** (2025) - Narrative Therapy Intensive Training (Levels 1 and 2)
- **The Chinese University of Hong Kong** — Master of Arts in Family Counselling and Family Education (2025); Scholarship recipient; graduated on the **Dean's List**.
- International Centre for Children and Family Law (Australia) – Parenting Coordination Certification Training (2024)
- Community Justice Initiatives (Waterloo Region, Ontario, Canada) - Transformative Mediation Training (Restorative Justice) - January 2023
- High Conflict Institute (San Diego, USA) – New Ways for Mediation (Mediating High Conflict Family Disputes) - 2022
- Hong Kong International Arbitration Centre - Training Course on The Use of Evaluative Techniques in Mediation - 2018
- The Hong Kong Catholic Marriage Advisory Council - Parenting Coordination (PC) Training – A Certificate Program for Professionals – 2015
- Hong Kong International Arbitration Centre – Mediation Assessor Training – 2010
- The Law Society of Hong Kong - Advanced Mediation Training Course - 2001
- The Law Society of Hong Kong - Basic Mediation Training Course - 2001

#### University Education

Master of Arts Program in Family Counselling and Family Education (Dean's List)

Master of Buddhist Studies, University of Hong Kong

Master of Laws in Chinese and Comparative Law, City University of Hong Kong

Postgraduate Certificate in Psychology, University of Hong Kong

Postgraduate Diploma in Family Mediation, Hong Kong University SPACE

Postgraduate Certificate in Law, City University of Hong Kong

Bachelor of Laws (Hons), City University of Hong Kong



**馬嫻儀 Ma, So So Josephine**

香港高等法院律師  
認可綜合調解員  
認可家事調解督導  
粵港澳大灣區認可調解員  
調解員資歷評核員  
調解導師

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專業調解資歷獲以下機構認可

- 由 2024 年 12 月 30 日起獲列入粵港澳大灣區調解員名冊
- 由 2013 年起雙重認證：成為香港調解資歷評審協會認可綜合調解員及認可家事調解員，及後成為家事調解督導
- 由 2020 年成為香港和解中心認可調解員
- 由 2014 年起成為香港金融糾紛調解中心的認可調解員
- 由 2009 年起獲香港律師會雙重認證：認可綜合調解員及認可家事調解員
- 由 2004 年起獲香港國際仲裁中心雙重認證：認可綜合調解員及認可家事調解員

專業調解及解決爭議經驗

**綜合事務及商業事務：**

- 自 2023 年起的不同時期獲委任為香港區域法院的案件和解會議聆案官/暫委副司法常務官
- 自 2024 年開始獲邀成為深圳前海合作區人民法院調解專家負責調解跨境商業及財務糾紛案件
- 2004 年起曾經處理數百宗調解，有豐富經驗處理各類型衝突，如：商業及金融糾紛，合同，土地，公司，合夥，建築，信託，遺產，專業疏忽，僱傭，人身傷害等糾紛及跨境糾紛
- 為香港金融糾紛調解中心調解金融糾紛

- 擅長使用不同的調解方法和策略來處理不同的糾紛，配合不同的需要，包括促進式、評估式、變革式、治療式和敘事式調解方法

#### 家庭糾紛：

- 由 2004 年起曾經處理數百個家事調解及離婚衝突，豐富經驗，如：離婚決定，子女事項，贍養費，資產，財務等，離婚和分居涉及的事情
- 家族糾紛，家族生意糾紛
- 遺產糾紛
- 在督導家事調解豐富經驗

#### 其他與調解相關的教學經驗

- 香港科技大學家族辦公室及家族企業理學碩士課程教授 / 訪問學者，教授「家族企業代際動態管理」(2025)
- 香港調解會舉辦的綜合調解員資歷認證培訓導師 (HKMAAL 調解員認證標準) ——香港調解員認證的強制性培訓
- 超過 16 年評核調解考試的經驗：自 2013 年起出任香港調解資歷評審協會有限公司的評核調解個案指導員，自 2010 年至 2013 年出任香港國際仲裁中心認可綜合調解員第二階段評核的個案指導員，以及自 2010 年至 2013 年出任香港律師會認可綜合調解員第二階段評核的個案指導員
- 家事調解員資歷認證培訓導師
- 朋輩調解訓練導師：香港中學朋輩調解比賽，及小學朋輩調解培訓
- 由 2011 年開始為律師、調解員及各專業人士教授調解及談判技巧策略
- 由 2006 年起開始出任各調解認證課程的指導教練

#### 其他相關經驗

- 香港國際仲裁中心 (HKIAC) - 香港調解會副主席及董事
- 香港國際仲裁中心 (HKIAC) - 香港調解會家事調解小組主席
- 香港國際仲裁中心 (HKIAC) - 香港調解會商業調解小組成員
- 自 2004 年起擔任香港公教婚姻輔導會婚姻調解及輔導服務小組委員會委員
- 香港公教婚姻輔導會 ("CMAC") 董事及內閣會議委員

#### 調解教育背景：

- 美國哈佛大學 - PON - 高級調解課程 - 2018
- 香港大學專業持續進修學院 - 家事調解深造文憑 - 2004

#### 其他有關教育背景：

- 亞洲家庭治療學院 (香港) - 家庭治療高級證書課程 (2022 至今)
- 澳洲德威中心 (Dulwich Centre) (2025) - 敘事治療密集培訓 (第一及第二級)
- 香港中文大學 — 家庭輔導及家庭教育碩士 (2025)；獎學金獲得者；以院長嘉許名單 (Dean's List) 優異成績畢業

- 國際兒童及家庭法中心（澳洲） - 親職協調員認證培訓（2024）
- 社區司法倡議（加拿大安大略省滑鐵盧地區） - 變革式調解課程（修復式正義） - 2023年1月
- 美國高衝突學院（聖地牙哥） - 調解新方法（處理高衝突家事糾紛調解課程） - 2022
- 香港國際仲裁中心 - 「調解評估技巧」課程 - 2018
- 香港公教婚姻輔導會 - 親職協調（PC）培訓 - 專業人士證書課程 - 2015
- 香港國際仲裁中心 - 調解評核員訓練 - 2010
- 香港律師會 - 高級調解訓練課程 - 2001
- 香港律師會 - 基礎調解訓練課程 - 2001

#### 大學教育背景

香港中文大學家庭輔導及家庭教育碩士（院長嘉許名單）

香港大學佛學碩士

香港城市大學中國及香港比較法法律碩士

香港大學心理學深造證書

香港大學專業持續進修學院家事調解深造文憑

香港城市大學法律專業證書

香港城市大學法律學士